THE FAMILY HEIRLOOM FIELD GUIDE

MAUI, *Found*

Explore the island.
Keep the story. Pass it on.



A travel guide to read, write in, and give

PALANAKANA MAUNA

Maui, Found

The Family Heirloom Field Guide

Palanakana Mauna

Presented by Maui Snorkel Charters and Maui Boat Rentals

This book grew from childhood notes, online research, and AI-supported development. This edition includes AI-generated drafting and watercolor-and-pencil illustrations, editorial revision, source checks, and room for several generations of handwriting.

Hawaiian cultural and historical accounts are attributed to their sources. This guide does not speak for every family or community. The artwork is interpretive; the maps locate places and do not provide navigation or access permission.

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Choose a beginning

Read from the front, follow a place, or turn to a page that catches your eye.

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This copy traveled with...

Add a name or initials and a date each time the book begins another chapter. A home visit, an imagined journey, and a trip to Maui all belong here.

TRAVELER 1

Name / initials _____ Date / place _____

TRAVELER 2

Name / initials _____ Date / place _____

TRAVELER 3

Name / initials _____ Date / place _____

TRAVELER 4

Name / initials _____ Date / place _____

TRAVELER 5

Name / initials _____ Date / place _____

Leave a little room. Someone else may see what you missed.

A guide with a pencil in it

Let the book make the day lighter.

Choose one place

Start with one region and one experience. A beach, a garden, a meal, or a short walk can hold a whole day's worth of discoveries.

Look before you collect

Use words, photographs, and sketches to bring a memory home. Leave plants, stones, animals, and cultural objects where they belong.

Make an entry your way

The 24 small explorations are optional. Write, draw, speak your answer to someone, or use a map or illustration in the book. Outings can involve fees; purchases and sightings are never required.

Keep a little space for the next person

The four memory spreads at the back hold two voices. Write on one side and invite someone else to answer across the page.

BEFORE SETTING OUT

Use current place and operator information for access, reservations, conditions, and meeting points. Maps in this book show locations, not walking, driving, boating, or access routes.

CHAPTER 01 / BEGIN WITH CURIOSITY

Get Your Bearings

Find your place on the map, leave room in the day, and begin a book that will carry more than one person's memories of Maui.



Your first Maui memory might be a mountain appearing through cloud, the warmth of the pavement, or someone announcing that they are hungry. Begin there. This guide is for days with plans and days that change their minds: a beach picnic, a town walk, an hour watching the sea. Read a little, go gently, and keep a pencil nearby. A crooked sketch or a sentence in your own handwriting may outlast the photographs on your phone. When the book passes to someone else, those marks will tell them who was here—and leave a welcoming space for their own discoveries.

MAUI FOUND / FIELD MAP

Meet Maui

A little orientation. A lifetime of discoveries.



● Place locator — Selected roads · geographic context

Orientation only; not entrances or directions. Check current access.

An island of different views

Maui's two volcanic masses meet at a lower central valley. The West Maui Mountains rise on one side; Haleakalā spreads across East Maui on the other. On the orientation map, find Maui first, then Molokaʻi, Lānaʻi, and Kahoʻolawe. These neighboring islands belong to the larger Maui Nui story. Their outlines are useful companions to a view from shore. The map helps you recognize shapes and directions; use current road information for travel and proper nautical charts for boating. [1,51]

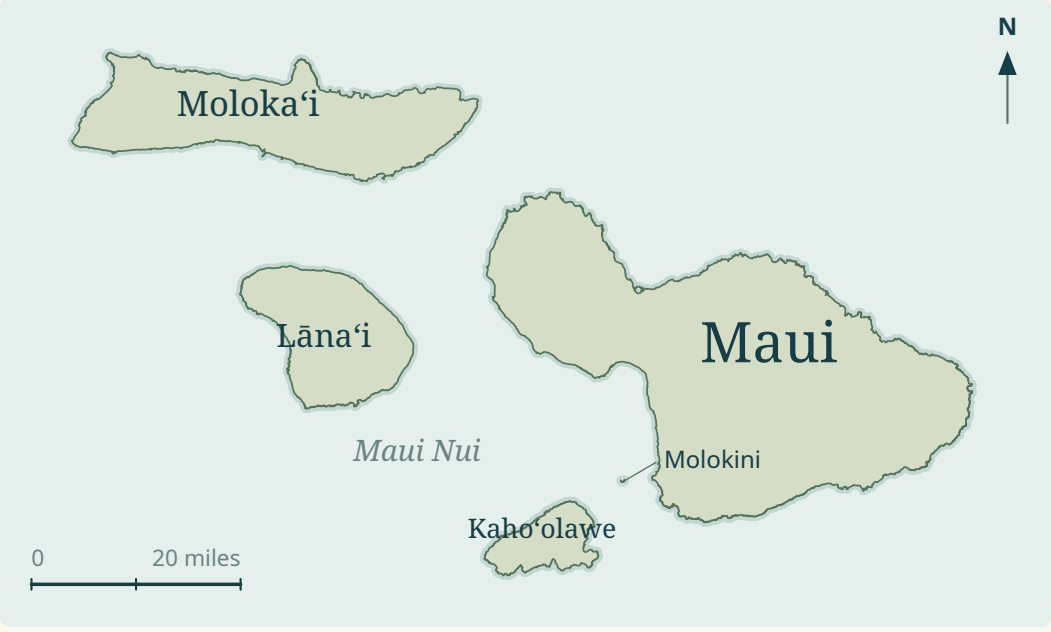
YOUR ARRIVAL

OGG is Kahului Airport. Check the airport on your ticket, arrange your onward ride, and keep the first outing close and easy. A quiet hour getting oriented is part of the holiday. [2]

MAUI FOUND / FIELD MAP

The islands of Maui Nui

Four neighboring islands; one wider sense of place.



Coastline: Hawai'i GIS / USGS · 1:24,000 source mapping

Orientation only; not entrances or directions. Check current access.

Give a day some breathing room

Choose one main outing, then leave a generous space around it. A beach morning might grow into a shaded lunch; a short town walk might end with everyone studying the same painted sign. Plan for the interests and energy of the youngest, oldest, or least comfortable person with you. Keeping an afternoon simple gives small discoveries a chance. You can always return to a place, or leave a promising question for the next visit.

Make the book yours

Add a name and date beside the first detail you want to keep. Draw a leaf without worrying about its name. Copy a dish from a menu. Let one person write while another chooses the colors. You can use a quest outdoors, or explore its ideas through the pictures and accounts in these pages. No one has to buy something, complete every activity, or get a perfect answer. The book becomes interesting through your choices.

IN THE DAY BAG

Bring water, a hat, protective clothing, suitable shoes, and a pencil. Maui County prohibits sale, distribution, and use of nonmineral sunscreen without a prescription. Choose zinc oxide and/or titanium dioxide; the County recommends non-nano mineral products. [3]

Write one small thing you hope the next person who opens this book will notice.

A Living Island

Hawaiian words and accounts invite a deeper look at Maui: food and family, land and responsibility, and the people carrying that knowledge into daily life.



kalo · taro

A place becomes more interesting as you learn its names. A plant beside a path can lead to a family story; a familiar greeting can open into meanings you had barely considered. Native Hawaiian culture lives in people, families, language, and practice, with knowledge shared in particular ways. These pages offer a few beginnings, drawing on Hawaiian scholarship and cultural resources. Enjoy the discoveries, remember who helped you make them, and let some questions stay open. You do not need to master a vocabulary before taking a thoughtful walk. You need a little curiosity, some patience, and room to learn something new.

Aloha and mālama

Aloha includes love, affection, compassion, and kindness in the dictionary by Mary Kawena Pukui and Samuel H. Elbert. Mālama includes caring for, tending, protecting, and preserving. Let those meanings settle into ordinary moments: a warm greeting, a patient turn in a line, a shared space left tidy. Hawaiian words hold more than one English equivalent. Learning how they are used can continue long after a trip, through teachers, books, and the people who choose to share their understanding. [5,6]

Relationships before definitions



Kuleana: a relationship carries responsibility

Kuleana can mean responsibility, rights, privilege, or authority, depending on its use. That range matters when people speak about land and their relationships with it. A visitor has practical choices to make—where to walk, how to park, what to leave undisturbed—while the people of a place may hold much deeper responsibilities and rights. Begin by noticing who cares for the places you enjoy and what guidance they offer. Attention makes a better question possible. [8]

ʻOhana and hānai

ʻOhana refers to family, kin, and relations. Let people describe their own family connections and use the names they offer. Hānai has a more particular meaning: the Native Hawaiian Legal Corporation describes a child-rearing practice in which someone other than a child's birth parents assumes care, often within the extended family. A grandparent caring for a grandchild is one example. Calling someone "auntie" or "cousin" does not, by itself, establish that relationship. Family stories belong first to those living them. [9,10]

A plant with a family story

Hāloa and the first kalo

Kumukahi, Kamehameha Publishing's cultural resource, shares a moʻolelo—a traditional account—in which Wākea and Hoʻohōkūkalani's first child is stillborn. From the burial place grows the first kalo, Hāloanakalaukapalili. A later child, Hāloa, becomes an ancestor of the Hawaiian people. In this telling, kalo is the elder sibling, and tending the plant carries a genealogical meaning. Read this as an introduction to that named account. The fuller telling, its context, and the people who carry it are part of what makes it matter. [12]

Food, family, and a living plant

The Hawaiian knowledge project Kahoʻiwai describes the islands and kalo as elder siblings providing shelter and nourishment in Hāloa's genealogy. Kumukahi also connects the young kalo shoots, ʻohā, with ʻohana. It cites Mary Kawena Pukui's account of a family practice in which arguments and business were set aside when the poi bowl was uncovered. Households and occasions differ. If a host shares a food custom, enjoy learning how that family understands it and follow the guidance offered. [12,13]

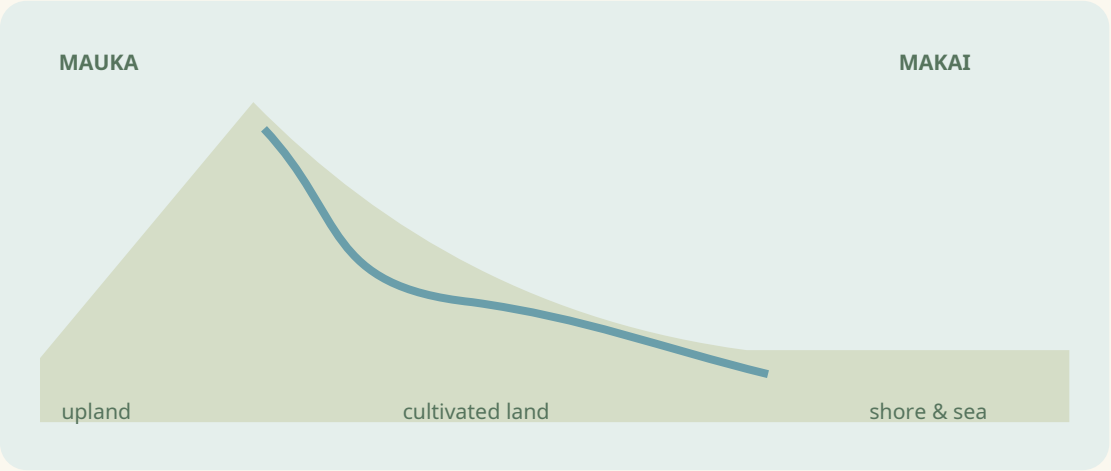
Pono and lōkahi

Pukui and Elbert give pono meanings including goodness, fairness, well-being, and what is correct or proper. Lōkahi includes unity, agreement, and harmony. These words invite thought about relationships, with meanings that depend on context. For your own travels, start with a question you can answer: who will be affected by this choice? Fairness may look like sharing a shady seat, keeping a promise, or making room for another person's pace. Small moments are worth remembering. [7,14]

A STORY OFFERED

A sign, a museum account, or a story someone freely offers can deepen a visit. Keep the speaker or source with your note, and ask permission before recording or sharing someone's personal experience. [4]

From upland to sea



A conceptual view of connected land and water; not a map of an ahupua‘a boundary.

Ahupua‘a: connected land, governed use

Many ahupua‘a connected uplands and coast, with boundaries shaped by the landscape; their forms and resources varied. Kumukahi describes a governed system: ali‘i held authority, konohiki managed resources, and kapu regulated activities. Food and materials moved through relationships with rights and obligations. Looking from mountain to sea can help you imagine connections among water, growing places, and fishing grounds. The history of any particular ahupua‘a deserves closer study than a simple wedge-shaped diagram can provide. [11]

Mauka, makai, and learning a name

Mauka means inland or toward the uplands; makai means toward the sea. The words give you another way to notice where you are, alongside maps, road names, and compass directions. When a place name interests you, copy its spelling carefully, including the ‘okina and kahakō shown in a reliable source. Ask for clarification when you need it. A name can lead to language, geography, and history—and sometimes to a question that takes more than one visit to answer. [15,16]

South Maui

Follow the shore from Kīhei's beach parks to Wailea's coves and Mākena's headlands, with a quieter wetland stop and time for lunch among growing things.



South Maui can begin with a towel on the grass and very little else planned. Look along the shore: a sweep of sand, a dark point of lava, another cove catching the light. Kīhei, Wailea, and Mākena offer different views of the same coast, and you can enjoy them over several easy outings. Between beach visits, turn your attention to quieter water at Keālia, then to the menus and leaves of a garden lunch stop. Let the people beside you choose something to notice. A bird's long legs, a bright dish, or the pattern of a leaf may become the detail everyone remembers.

Three coastal neighborhoods

Kīhei stretches along a comparatively open shoreline, with beach parks and shops along the route. Farther south, Wailea gathers into coves among resort grounds; Mākena brings more volcanic headlands into view. Treat this as a sequence to explore at your own pace. Hawai‘i protects public shoreline access, reached through designated routes. An attractive garden path may still be private. Use the signed access and choose a place where your group can settle comfortably. [17]

MAUI FOUND / FIELD MAP

South Maui

Pond, harbor, coast and ocean.



● Place locator — Selected roads · geographic context

Orientation only; not entrances or directions. Check current access.

The Kama‘ole beach parks

Kama‘ole I, II, and III—often shortened to Kam I, II, and III—give a family different combinations of sand, grass, and shoreline to explore. At Kam III, a grassy picnic area and playground can make the land-based part of the visit a pleasure of its own. Before swimming, ask the lifeguard about the day’s conditions. A familiar beach can change with the swell. Choose the outing around the least confident swimmer, and keep an easy shore option. [18,19]

A walk at Charley Young

Charley Young Beach lies at the northern end of Kama‘ole I. Use designated public access, keep entrances clear, and watch the water as you walk. [20]

At the wetland's edge



ae'o · Hawaiian stilt

Keālia's quieter water

Keālia Pond National Wildlife Refuge offers another way to meet the coast. Its Coastal Boardwalk is reached from North Kīhei Road; the main refuge and visitor-center entrance are separate, on Maui Veterans Highway. Choose the destination you mean before driving. At an open boardwalk viewing shelter, scan the water and muddy edges slowly. A still bird may be harder to notice than a moving one. Follow the current access notices and let the wetland set the pace. [21]

A LITTLE EXPLORATION · 01

The Coastal Wetland Watch

1. Use an open Keālia boardwalk viewpoint, or begin with this chapter's wetland illustration and label it a picture study.
2. Compare the water, muddy edge, and plants; draw one shape or movement you actually notice.
3. Add a bird's behavior if one appears, or describe the quiet habitat when none does.
4. Keep to the boardwalk during a visit, and give resting or feeding birds their space.

What did slowing down help you notice?

Lunch in the garden

Lunch within South Maui Gardens

Kīhei Food Oasis is the food-vendor area within South Maui Gardens: one destination with several menus in a landscaped setting. Walk through once before choosing, then find a seat that suits your group. Share a dish if you wish, or let everyone find a favorite. The vendors and their opening arrangements can change, so check the garden's current information when planning. A menu gives you plenty to explore without needing anyone to pause their work for an interview. [22,23,24]

A menu and a leaf

While you wait, pair one food detail with one plant detail. You might compare a leaf's outline with the shape of something on a plate, or match a flower's color to a drink. Use plant labels when provided; leave unfamiliar garden plants untouched. Copy an ingredient or grower credit only when it is actually stated. A quick drawing beside a dish's name can bring back the whole lunch later, including the person who chose it.

A LITTLE EXPLORATION · 02

The Food and Garden Notebook

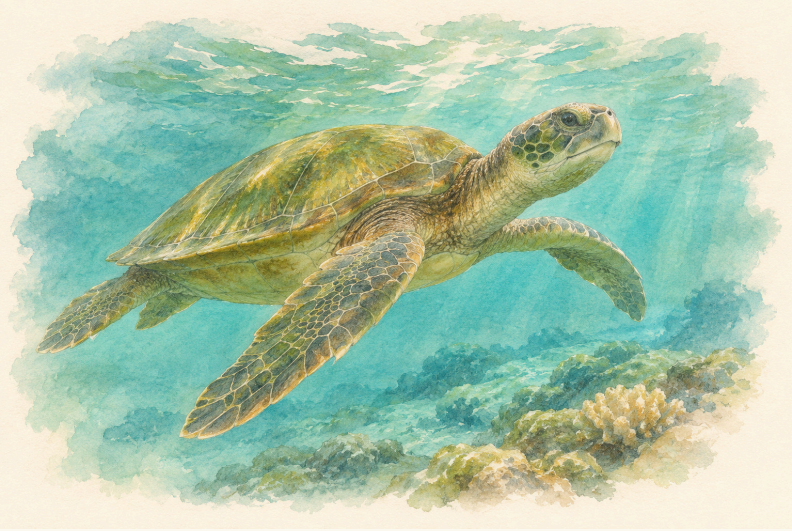
1. Read a menu at South Maui Gardens, or use the food accounts in this book; choose two dishes.
2. Compare one ingredient, color, or preparation that the description actually gives you.
3. Sketch a leaf from a permitted view or an illustration; add a name only when a label supports it.
4. Keep one food detail and one plant detail together; tasting and purchases are optional.

Which small pairing would you like another reader to discover?

Leave the next reader one small South Maui stop you would happily repeat.

The Living Ocean

Meet a reef's small builders and the larger animals sharing Maui's waters, then choose a quiet way to watch while giving every encounter generous room.



honu · green sea turtle

From above, the water can seem like one broad surface. Look longer and it becomes a changing collection of colors, ripples, shadows, and living shapes. Underwater, a reef has still more to notice: a fish holding position, a coral colony's outline, a turtle moving through its own afternoon. You can enjoy this chapter from shore, from a boat, or through the illustrations. There is no list of animals you must see. Make space for the encounter you actually have, even if it is only a new color in the water, and bring back one detail you can describe to someone else.

Molokini's crescent

Molokini's curved rim is the exposed part of a volcanic crater and a Marine Life Conservation District. It is also a seabird sanctuary, closed to landing. Authorized boat visits use day-use moorings that help protect the reef from anchor damage. A captain chooses a destination according to the trip and conditions; the crescent is one possibility in a larger ocean day. From a permitted boat view, its outline makes a memorable shape to sketch. Near Mākena, "Turtle Town" is a snorkeling nickname; a turtle sighting is always a possibility, never a promise. [26,27]

A neighborhood beneath the surface

A reef built by animals

Reef-building corals are colonies of small animals called polyps. They build calcium-carbonate skeletons, and many share their tissues with microscopic algae that make food using sunlight. Generations of reef builders create the structure around which other life gathers. Look for branching, rounded, or plate-like forms without touching them. A small drawing of three outlines can reveal more than a hurried attempt to name everything. Keep hands and fins clear, with enough room to float comfortably. [28,29]

Honu: a life in the shallows

Honu, green sea turtles, may graze on limu, or algae, around shallow reefs and lava shelves, and they also come ashore to rest. Hawai‘i’s green turtles belong to the threatened Central North Pacific population under the Endangered Species Act; the hawksbill, or ‘ea, is a different, endangered turtle. Notice the smooth oval outline of a honu’s shell and the slow movement of its flippers. Use the viewing guidance in this chapter whether you meet one in water or on land. [40,41]

A reef detail I noticed from the page or the sea...

The room wildlife needs

Keep at least these distances—and more whenever an animal, posted boundary, or condition calls for it. Bars compare the distances in feet.

SEA TURTLES: AT LEAST 10 FEET

NOAA recommends this distance on land and in water. Keep behind any larger posted boundary, leave the turtle's route clear, and use a zoom rather than moving closer for a photograph. [25]

MONK SEALS: AT LEAST 50 FEET

This is NOAA's recommended viewing distance. A resting seal needs space to continue its day. Keep dogs well away, respect larger boundaries, and avoid walking closer to measure the gap. [25,42]

MOTHER SEAL AND PUP: AT LEAST 150 FEET

NOAA recommends extra separation from a mother and pup. Follow larger posted boundaries and choose another place to swim when they are using a beach. Report concerns without approaching or intervening. [37]

DOLPHINS AND SMALL WHALES: AT LEAST 50 YARDS

NOAA recommends 50 yards. For Hawaiian spinner dolphins, federal rules prohibit swimming with, approaching, or remaining within 50 yards within 2 nautical miles of the main Hawaiian Islands and designated waters between Maui, Lāna'i, and Kaho'olawe. Do not intercept their path. [25,38]

LARGE WHALES: AT LEAST 100 YARDS

NOAA recommends 100 yards from large whales. For humpbacks in Hawaiian waters, this is a legal approach limit by any means; intercepting their path is prohibited. Aircraft must remain at least 1,000 feet away. [25,39]

Let their day stay their own

A seal's resting place

A Hawaiian monk seal on the beach may simply be resting or molting. Its appearance alone cannot tell a visitor whether something is wrong. Mothers and pups need especially generous room, and a lone pup should never be fed, touched, or moved by a visitor. Keep pets well away and follow larger posted boundaries. If a mother and pup are using a beach, choose another place to swim. When concerned, use the wildlife hotline and let trained responders advise. [37,42]

Dolphins have a day of their own

Hawaiian spinner dolphins commonly use sheltered coastal waters to rest after feeding offshore at night. A dolphin's presence is an opportunity to observe from the required distance. Give its path a wide, open corridor; do not enter the water to meet it. On a boat, follow the crew's directions if animals appear unexpectedly. The spinner-dolphin rule has a particular geographic scope, explained in the viewing-distance guide. Other dolphins also deserve generous viewing space. [38]

How would I describe a wild animal without asking it to do anything?

Koholā on the horizon



koholā · humpback whale

Humpback whales are most often seen around Hawai‘i during winter and spring, with many arriving from North Pacific feeding areas, including Alaska. A blow, an arched back, or a lifting fluke may be all you see, and each can reward a patient watch. Male humpbacks sing in Hawaiian breeding waters; songs and other calls are also recorded on northern feeding grounds. Enjoy what the whale actually does without deciding that a tail slap or turn has one simple meaning. [43,44]

The shape of one moment on the water…

Care, protection, and a useful call

What the protections cover

The Marine Mammal Protection Act protects marine mammals, including those that are not endangered. The Endangered Species Act protects listed species; Hawaiian monk seals are covered by both. State protections can apply alongside federal ones. Harassment can happen without touching an animal, and feeding wild marine mammals is prohibited. The viewing-distance guide distinguishes recommendations from specific approach rules. Follow larger posted boundaries, and give more room whenever your presence changes an animal's behavior. [33,34,35]

WILDLIFE IN DISTRESS

For injured, sick, stranded, or entangled marine mammals and sea turtles, call the NOAA Marine Wildlife Hotline: **1-888-256-9840**. Give a clear location and describe what you saw. Keep people and pets back; follow responders' instructions. [32,35]

REPORT A SUSPECTED VIOLATION

Contact DLNR DOCARE at **808-643-3567** (643-DLNR) or NOAA Enforcement at **1-800-853-1964**. Record the location and observation without confronting anyone or moving closer. For a person in immediate danger, call 911. [35,46]

An ocean day that fits your group

A captained ocean day

A trip with Maui Snorkel Charters can give your family a shared day with a captain and crew, and time to concentrate on the water around you. Ask which outing suits your group's ages, swimming comfort, and access needs. Follow the briefing, use the equipment as instructed, and let the crew choose a route for the conditions. Before leaving, each person can name one thing they hope to notice. Afterward, compare the discoveries you actually made.

Ocean detective

Try a small game together: find an animal outline, three reef forms, a change in water color, and a question you want to answer. Use this chapter's pictures, a permitted shore view, or your outing. A whale blow or a passing turtle is a bonus, never a requirement. Share the most surprising detail, then sketch it with a few quick lines. Add how you gave wildlife room. The best part of the game is looking closely together.

BEFORE SWIMMING

Choose a lifeguarded beach for independent swimming, ask about conditions, stay within your ability, and snorkel with a buddy. Keep children under close adult supervision. Enjoying the water from shore remains a fine choice. [19,30]

Describe one ocean moment you would like another person to picture without seeing your photographs.

A Day on the Water

Trace a horizon, learn the names behind a voyaging revival, and choose the pleasures of a boat day with preparation, qualified guidance, and flexible plans.



A boat changes your view of Maui. A familiar headland becomes an outline; another island seems to shift as you move; the wake writes a brief pattern behind you. There is plenty to notice before anyone names a destination. This chapter invites passengers, qualified boaters, and shore watchers to pay attention together. Watch what the sky and water are doing, then keep your questions beside your sketches. A well-planned ocean day also leaves room to change course or return early. The useful memory may be a place you reached, a decision you understood, or a new way of looking at the coast.

Remember the navigators

Mau Piailug, a master navigator from Satawal in Micronesia, navigated Hōkūleʻa from Hawaiʻi to Tahiti without modern instruments in 1976. The Polynesian Voyaging Society credits his skill and teaching as central to the Hawaiian voyaging revival. He taught Nainoa Thompson, who navigated the canoe to Tahiti and back in 1980. Those achievements grew from sustained learning and practice. Let their names accompany your interest in stars, swells, and the ways people understand an ocean. [47]

Read the horizon



Read what you can see

Wind transfers energy to water. Swell is organized wave motion that has traveled beyond its generating winds; local wind waves may make the surface shorter and choppier. From a safe viewpoint, compare their shapes without using a glimpse to predict a route. A darker patch can reflect wind, shadow, depth, or something else. Describe what you see and leave uncertain causes as questions. An observation is useful even when it does not give you an answer. [48,49,50]

The island shapes around you

Maui, Molokaʻi, Lānaʻi, and Kahoʻolawe were once connected within the larger landmass called Maui Nui. Subsidence and changing sea levels helped separate them into today's islands. On the orientation map, trace Maui first and find its neighbors. Compare those outlines with a permitted coastal view when you can. The little map is for recognizing relationships and starting questions. Qualified boaters use current nautical charts and operating guidance to decide where a vessel can safely go. [1,51]

A good day can change shape

BEFORE DEPARTURE

Agree on the day

Ask about conditions, the plan, comfort, and the way home.

ON THE WATER

Keep observing

Notice changing wind, swell, visibility, and how everyone feels.

WHEN THE PLAN CHANGES

Choose the comfortable ending

Follow the operator's judgment. An early return can be a good day.

Choosing to take the helm

Maui Boat Rentals offers another kind of ocean outing for qualified boaters. Before booking, discuss experience, the permitted use of the vessel, and the needs of everyone aboard. A capable operator needs current forecasts and charts, working communication equipment, a clear plan, and a willingness to change it. Confirm the company's requirements directly. If a captained trip suits your group better, that choice still leaves everyone plenty to discover. The family's sketchbook can travel either way. [48]

A DECISION WORTH REMEMBERING

Turning back or choosing a sheltered alternative can be part of a good day. Let the operator's judgment and current conditions guide the plan, and record what you learned from the change. [48]

Take a closer look

A SHORE OPTION

A public coastal viewpoint can offer swells, cloud shapes, passing vessels, and island outlines without a boat trip. Keep out of working docks and launch areas while enjoying the view.

A LITTLE EXPLORATION · 03

Swell and Cloud Clues

1. From a stable, permitted shore viewpoint—or the chapter's water illustration—choose one small area to study.
2. Draw the wave shapes and spacing you see, then add a cloud or patch of shade.
3. Name one thing the view tells you and one thing you cannot determine from it.
4. Compare sketches with a companion; return another time if you wish, and date the new view.

What did another pair of eyes notice that you missed?

A LITTLE EXPLORATION · 04

Maui Nui: Map and Horizon

1. Find Maui, Moloka'i, Lāna'i, and Kaho'olawe on the orientation map; trace each outline with your eyes.
2. Use the north arrow to describe one island's direction from Maui; this is a map exercise.
3. From an allowed coastal viewpoint, compare any visible land with the map, or study the printed shapes together.
4. Choose one island to learn about next and leave a question beside its name.

Which outline will you recognize when you see it again?

Leave the next reader a question you would ask before setting out on the water.

Upcountry & Summit

Follow Maui's rising slopes through Makawao and Upcountry toward Haleakalā, noticing ranching history, remarkable plants, and the way a mountain changes a day's weather plans.



ʻāhinahina · Haleakalā silversword

The trip uphill can feel like several outings unfolding from one road. Storefronts and pasture give way to different plants, wider views, and air that asks you to reach for another layer. Let Upcountry have some of your attention before you think about a summit. A detail of ranch gear, a bird moving through a tree, or a cloud casting shade across a slope can become the day's discovery. If Haleakalā fits your plans, arrive prepared for the mountain's conditions. You can enjoy a viewpoint, a modest walk, or the view from below; the height of the destination does not measure the value of the memory.

Makawao and paniolo

Paniolo, Hawaiian cowboys, belong to a skilled ranching tradition. Hawaiʻi State Archives traces early Mexican-Spanish vaqueros arriving at Kamehameha III's invitation in the 1830s. Kahoʻiwai's account places paniolo work on Maui as well as Hawaiʻi Island and recalls Ikua Purdy's 1908 rodeo victory in Wyoming. In Makawao, look for a specific connection: a named photograph, a piece of tack, or a written account of a family. Let the detail lead you into the history. [52,53]

MAUI FOUND / FIELD MAP

Upcountry

Towns and slopes beneath Haleakalā.



● Place locator — Selected roads · geographic context

Orientation only; not entrances or directions. Check current access.

PLAN FOR THE PARK

Haleakalā National Park generally limits hiking, camping, horseback, and backcountry wilderness groups to 12, unless a permit authorizes otherwise. Affiliated groups that split may not use the same route on the same day. Check park conditions and reservations before choosing your outing. [54,55]

Life on the mountain



nēnē · Hawaiian goose

ʻĀhinahina on the mountain

The Haleakalā silversword, ʻāhinahina, is one of the summit district's remarkable plants. Its silver leaves form a striking rosette against the cinder, and an encounter can be as much about shape and light as about finding a name. Admire it from a designated trail or viewing place. The ground around mountain plants is part of their habitat, so leave room for living roots as well as visible leaves. A drawing can bring the texture home without taking anything. [57,58]

Hosmer Grove's different trees

Hosmer Grove includes trees introduced during an early forestry experiment, alongside native vegetation. That mixture gives a short walk several stories to follow. Native forest birds such as ʻiʻiwi, ʻapapane, and ʻamakihi may be seen or heard; a quiet visit need not produce a full list. Pause where you can safely watch a flowering plant. Record a color, movement, or bill shape before choosing a name. Binoculars can help a distant glimpse become a clearer memory. [59,60,61]

A QUIET BIRD NOTE

If you hear a bird but cannot name it, try describing the rhythm, pitch, or place the sound came from. An honest question can be more useful than a hurried identification.

Let the mountain set the pace

Haleakalā can be cold, wet, and windy, with freezing conditions possible. Bring warm layers, rain protection, suitable footwear, food, and water. Stay on designated trails and plan conservatively for the return, which can take longer uphill through soft cinder. Check park conditions and required reservations before leaving, and ask a ranger about an outing that suits your group. If anyone feels unwell, stop and seek appropriate help; shortening the day is a sensible choice. [54,56]

A LITTLE EXPLORATION · 05

A Paniolo Detail

1. Read the paniolo account here, then choose one name or date to keep beside your notes.
2. Make a small timeline from the dates in that account, or sketch a named ranching object from a public display or storefront view in Makawao.
3. If sketching an object, add its use only when a label or reliable account explains it.
4. Keep one unanswered question beside the timeline or drawing so another reader can add what they learn.

What small detail made the history easier to picture?

A LITTLE EXPLORATION · 06

Cloudscapes and Cinder Shadows

1. Use a marked summit viewpoint when conditions allow, or begin with this chapter's mountain illustration.
2. Draw the outline of a cloud and find two shades in the land beneath it.
3. Add one plant shape or visible movement without leaving the designated route during a visit.
4. Date the sketch and compare it with another view of the mountain, from the coast or the book.

What changed most between your two views?

CHAPTER 07 / A VALLEY'S HISTORY, A TOWN'S EVERYDAY LIFE

Wailuku & ʻĪao

Follow the valley from ʻĪao's steep walls to heritage gardens, a museum with chiefly roots, and Wailuku streets where older buildings hold the present day.



The valley draws your eyes upward first. Cloud catches on a ridge, greenery gathers around rock, and water gives the landscape another kind of movement. Then the smaller details begin: a doorway, a roofline, a label beside an object, a building still being used. Wailuku and ʻĪao invite both kinds of looking. Give the scenery time, then follow one question into the history of the place. You can make a modest outing of a garden or a few town blocks, and return for more another day. What matters is finding a detail that helps the past become particular—and keeping the source beside the story.

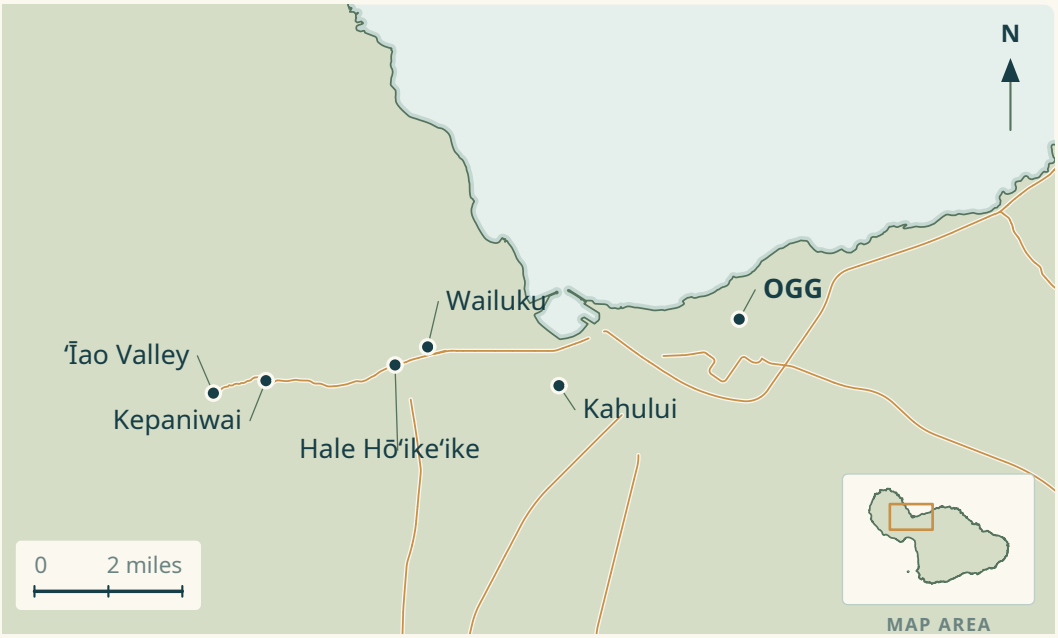
ʻĪao and Kepaniwai

Kukaʻemoku, commonly called ʻĪao Needle, rises roughly 1,200 feet above the valley floor. State Parks describes this erosional feature within a valley of cultural and spiritual significance. It also identifies ʻĪao as the site of the 1790 Battle of Kepaniwai, when Kamehameha I's forces defeated Maui's army. Bring that history into your visit along with the view. Take your time. [62]

MAUI FOUND / FIELD MAP

Central Maui

A valley, a town and stories to keep.



● Place locator — Selected roads · geographic context

Orientation only; not entrances or directions. Check current access.

Different histories in one garden

Kepaniwai Heritage Gardens honors communities through buildings and landscape. The Hawaiian hale represents the Indigenous people of these islands; other features honor Chinese, Japanese, Portuguese, Filipino, Korean, and Puerto Rican heritage connected with later migration and community life. Compare a roofline or doorway, then read the display's explanation. Each structure introduces a tradition rather than representing every family within it. Keep the community name with a drawing so another reader knows what caught your attention. [65]

CULTURAL IMPORTANCE AND PLANT ORIGINS

Kalo was introduced by Polynesians, as Bishop Museum's ethnobotany resource explains. A plant can hold deep significance in Hawaiian life without being botanically native. Let a garden label open both stories. [69]

Living layers of history



ʻaukuʻu · black-crowned night heron

Work, migration, and family

Plantation history connects many of the communities represented here. Hawaiʻi's sugar industry employed Native Hawaiians and recruited overseas workers over overlapping decades. The University of Hawaiʻi–West Oʻahu's labor history describes demanding work, restrictive contracts, unequal treatment, and organizing for better conditions. Families also built lives that extended far beyond a job or a plantation camp. Follow one person's story within that larger history. [66]

A chiefly place, later a school

Hale Hōʻikeʻike at the Bailey House stands on the grounds of Kahekili II's chiefly compound. The Maui Historical Society begins its history with Maui's aliʻi, then traces later layers: Chief Auwae and Jonathan Smith Green's school work in 1832, Governor Hoapili's permission for the seminary in 1837, and Edward Bailey's arrival in 1840. The museum's objects, photographs, and published accounts offer ways to follow those changes. [67,68]

A HERON BESIDE THE STREAM

An ʻaukuʻu, the black-crowned night heron, may be seen near wet places. Adults have a dark crown and gray wings; young birds look browner and spotted. Observe from the public trail without expecting a sighting. [63]

Wailuku keeps using its buildings

On Market Street, notice upper windows, covered storefronts, and the relationship between an old building and the work happening inside it. The ʻĪao Theater opened in 1928, later closed in the 1970s, and was reopened through efforts beginning in 1983, according to Maui OnStage. Its story includes renewal as well as survival. From the public sidewalk, sketch a feature you can actually see. [70]

A LITTLE EXPLORATION · 07

The Heritage Garden Walk

1. Choose two communities named in the garden account here, or two structures along an open public path at Kepaniwai Heritage Gardens.
2. Keep one detail the text actually gives you. During a visit, you may also compare and sketch a roofline or doorway.
3. Write each community name with the chapter or display that supplied it; separate what you read from what you observed.
4. Leave a question beside your notes. Do not assign cultural meanings to details without a source.

Which community's story would you like another reader to learn more about?

A LITTLE EXPLORATION · 08

Wailuku's Living Layers

1. Find the theater's opening date in this chapter, or read a public historical account during a town walk.
2. Sketch a building detail from a public sidewalk, or make a small timeline beginning with the theater's opening.
3. Add one sourced fact, then a separate question about the building or its use.
4. Leave room for a later reader to add a dated observation of their own.

What would you like to know about the people who used this place before you?

CHAPTER 08 / PAINT, SALT, AND WIND

North Shore

Wander through Pāʻia, watch the water at Hoʻokipa, and gather a few bright details: a painted sign, a curved sail, a turtle resting in peace.



Some days are best remembered in fragments. A splash of paint on a shop sign. The curve of a sail beyond the lookout. Someone choosing the same snack you did, then discovering you liked different things about it. The North Shore makes room for that kind of day. Begin with a short walk through Pāʻia and let the coast draw you onward when you are ready. Enjoy a few places in your own time. Leave a little time for the detail that catches your eye and becomes the story you tell later.

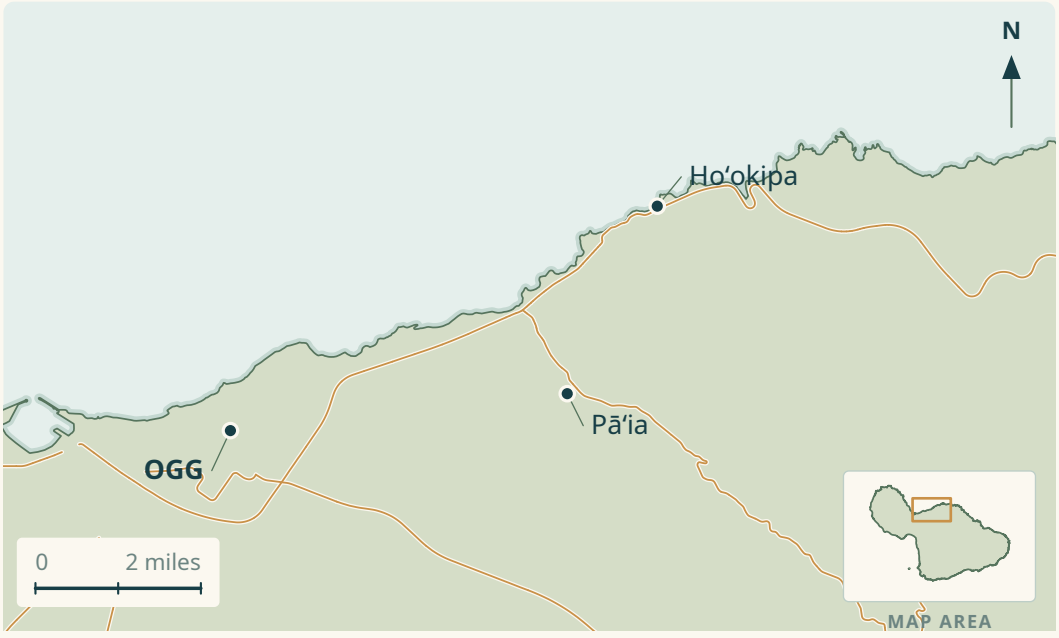
A walk through Pāʻia

Around Hāna Highway and Baldwin Avenue, look at the town one storefront at a time. A doorway, a hand-painted letter, or the shape of an awning can become a small sketch. Pause where there is room for people to pass, and choose a turn-around point that suits your group. A few blocks can hold an entire morning’s worth of noticing.

MAUI FOUND / FIELD MAP

North Shore

Look closely where land meets the sea.



● Place locator — Selected roads · geographic context

Orientation only; not entrances or directions. Check current access.

Meet the work

A gallery or shop can introduce you to an artist through a name beside a piece of work. Read that little label: the medium, the title, perhaps the place where it was made. If something stays with you, write down the artist's name. Your keepsake might be a purchase, a remembered color, or a question you want to explore later.

MAKE IT YOUR KIND OF STOP

A town walk and a lookout stop can be enough. Choose for the day's weather and your group's comfort, especially if continuing toward East Maui.

A seat above the waves



honu resting ashore

At Hoʻokipa, watch from the designated lookout as the water gathers, breaks, and settles. When riders are out, follow one line across the sea: a sail turning, a board rising, a tiny figure disappearing behind spray. Conditions change, so the scene you find belongs to that particular day. You can enjoy the movement and scale without entering the water yourself. [19]

A turtle's quiet afternoon

Honu sometimes rest on this shore. From well back, notice the curve of a shell or the way its colors echo the sand. Use the turtle guidance in The Living Ocean and respect any larger marked boundary. A resting turtle needs room and an open route to the sea. A peaceful few minutes can make a lovely memory of its day. [25,40]

Look beyond the obvious

After the big waves and bright sails, try a smaller subject: a cloud shadow, a bird's changing outline, a patch of pale water. Binoculars can bring distant detail into view. Stay on designated paths and dry, stable ground, away from cliff edges and wave-washed rocks. Let a distant bird remain a question if its name is uncertain; its movement is still worth drawing. [19]

A LITTLE EXPLORATION · 09

Pāʻia, in Three Details

1. Choose three details on a permitted Pāʻia sidewalk walk, or in this chapter's coastal illustration: a color combination, an unexpected shape, and a texture.
2. Sketch your favorite or describe it in a few words. Add the place, or label your work a picture study.
3. If a label names an artist or maker, keep that credit beside your note.

Which detail would help someone recognize the place through your eyes?

A LITTLE EXPLORATION · 10

A Minute at Hoʻokipa

1. From the designated lookout, settle on one small part of the scene.
2. Watch for a minute: waves, a sail, a bird, or shifting light. At home, choose the chapter's coast illustration.
3. Draw three simple lines that suggest its movement, then add the date and a word for the mood.

What appeared when you gave the view a little more time?

East Maui

Follow a winding coast through rain, green canopies, working communities, and black volcanic stone. Choose a few places well, and give each time to unfold.



The road toward Hāna changes the scale of a day. A bend reveals a valley; another folds it away. A patch of sunshine moves across wet leaves, and a bridge gives everyone a moment to wait. Plan for a few generous stops rather than a long collection of arrivals. Between them: a conversation, a changing sky, the sound of rain on the roof. Keep the driver free to drive and let passengers gather the passing details. There will be plenty to remember, even if you turn back earlier than you expected.

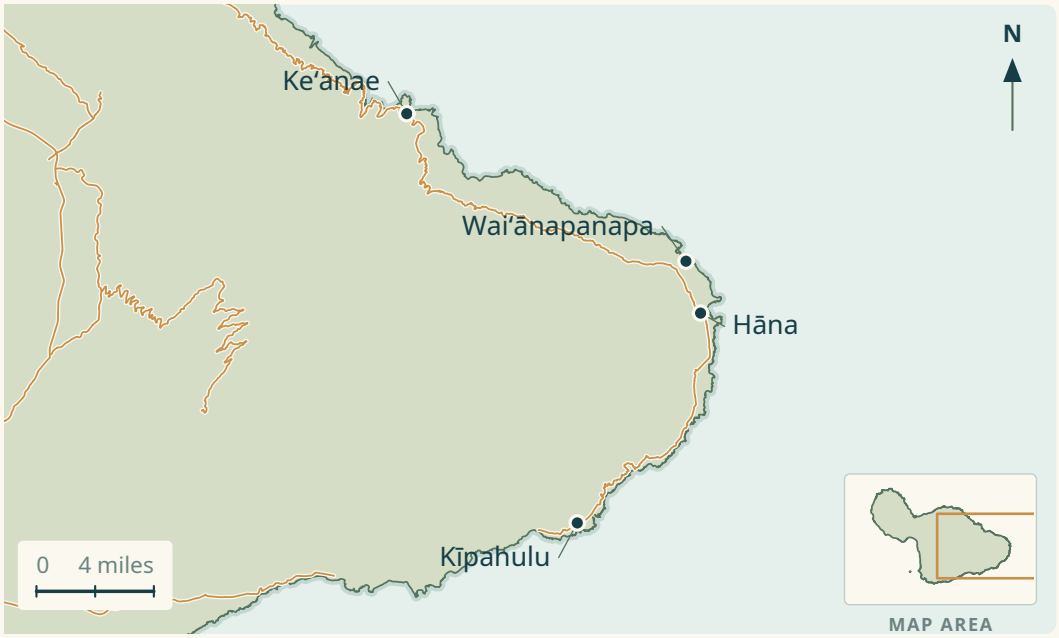
Choose the shape of your day

Decide which places matter most to your group, then leave room around them. A short East Maui outing and a full journey to Kīpahulu are very different days. Check road conditions, site access, and your vehicle agreement before committing to a route. An overnight stay may suit a longer exploration; a comfortable turn-around point may be the better choice today. [54,71]

MAUI FOUND / FIELD MAP

East Maui

Let the journey leave room for listening.



● Place locator — Selected roads · geographic context

Orientation only; not entrances or directions. Check current access.

Pack for the gaps

Carry water, food, sun protection, and the supplies your family uses in an ordinary day. Start with enough fuel, save directions and reservation details while you have service, and check how your planned stops accept payment. Allow time for rest and restrooms. A well-packed bag gives you more freedom to enjoy a pause without needing the next place to provide everything.

ONE ACCESS CHECK BEFORE YOU GO

Check official road and park updates before setting out. Choose designated visitor routes; a social-media place name does not establish access across private or closed land. [17,54,75]

A road through people's lives

A shared road

At one-lane bridges, follow signs and traffic controllers, and let vehicles already crossing clear the bridge. If traffic gathers behind you, choose a lawful turnout where you can pull fully clear and rejoin safely. Keep driveways open. Passengers can collect the scenery in words or photographs; the driver gets a turn to look when the car is safely parked at a stop. [71]

Keʻanae, close to the ground

At Keʻanae, kalo fields bring the food story back to growing plants and daily work. From a public viewing place, notice a leaf's broad shape or the movement of water. Keep cultivated ground and farm access clear. If a food stop fits the day, Aunty Sandy's is one family business whose own account introduces the people behind its banana bread. [69,72]

A LITTLE EXPLORATION · 11

The Passenger's Green Notebook

1. As a passenger, notice three different leaf shapes or shades of green along the road.
2. At a safe stop, draw one from memory and add a sound you remember. A chapter illustration can supply the shapes instead.
3. Record one unhurried moment: a bridge crossing, a pause for rain, or a change of plan.

Which small pause became part of the pleasure?

Black sand, green edges



Black sand and open sky

Waiʻānapanapa brings black sand and dark volcanic coast into a vivid meeting with the sea. Nonresident visits require advance entry reservations and the appropriate parking reservation if arriving by vehicle; check the state park's current arrangements. Within your booked visit, give yourself time to study a rock shape or a plant in a crack, from the established route and well back from wet ledges. [75]

One color I would never have noticed in a hurry…

Lava and a changing plan

The tunnel left by lava

A lava tube begins while lava is still moving: a hardened roof forms above a flowing channel, and a passage can remain after the molten rock drains away. The Hāna Lava Tube has been a managed visitor site. At this edition's November 17, 2026 check, its operator reported temporary closure pending an archaeological inventory survey. Plan a cave visit only after confirming reopening directly. [73,74]

Kīpahulu's green world

In Haleakalā National Park's coastal district, the Pīpīwai Trail leads through bamboo toward Waimoku Falls; allow time and energy for the four-mile return hike. The shorter Kūloa Point route offers another way to meet the coast. Plan to view ʻOheʻo's pools from the trail: they are currently closed to swimming. Streams can rise after distant rain, so follow park alerts and never cross floodwater. [54,56]

A LITTLE EXPLORATION · 12

A Coast Made of Shapes

1. On an open route at Waiʻānapanapa, choose a rock outline from dry, stable ground; or use the South Maui coast illustration in Chapter 3.
2. Sketch the rock shape beside the line of the sea. Keep the place or picture source beside your drawing.
3. Add two colors and one question about how water and rock shape a coast.

What would you like the next reader to look for here?

A bend in the day I am glad we followed…

West Maui

Explore open coastal places, learn a little of Lāhainā's long history, and let current community guidance shape a visit with room for everyday life here.



ʻulu · breadfruit

West Maui holds many kinds of memory: a coast seen for the first time, a family meal, a place returned to over many years. Lāhainā's history reaches far beyond its years as the Hawaiian Kingdom's capital, and the August 8, 2023 wildfire brought profound loss. Recovery continues alongside daily life and the work of businesses welcoming guests. Begin with a particular open destination and the people who can guide your visit today. A thoughtful day may be quietly enjoyable, with space for both what you learn and what remains someone else's story.

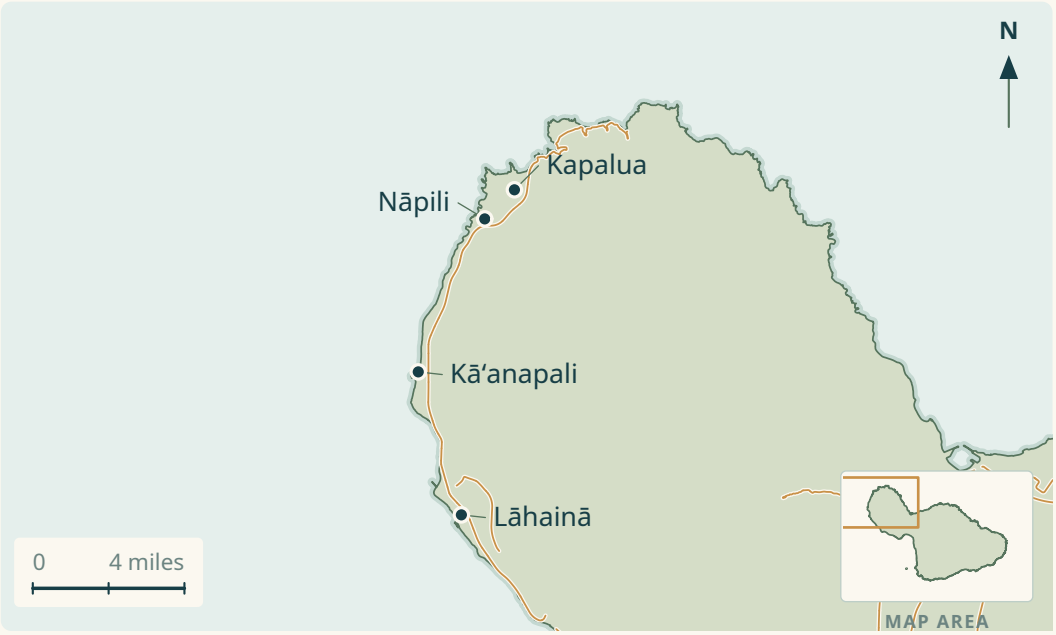
A history with many chapters

The University of Hawai‘i's Hawaiian knowledge resource records Lāhainā as the kingdom's capital from 1820 to 1845. The Lāhainā Restoration Foundation describes an earlier center of chiefly life. These accounts offer starting points for learning about a place through records, institutions, and community knowledge. Save the title of something you read, so a future reader can follow the thread with you. [76,77]

MAUI FOUND / FIELD MAP

West Maui

Coastal places, approached with care.



● Place locator — Selected roads · geographic context

Orientation only; not entrances or directions. Check current access.

Follow today’s invitation

Check Maui County’s recovery information and your destination’s own directions before setting out. An open street, an open heritage site, and harbor access are separate questions. If you have booked a boat trip, use the operator’s current meeting and parking instructions. Keep dates beside your own travel notes: the memory can last, while access arrangements continue to change over time. [78,79,80]

A SOURCE TO KEEP

For Quest 14, the Hawai‘i State Archives publishes the 1840 constitution and an account of Kamehameha III. Keep those sources beside questions you carry forward. [85,86]

An ordinary welcome



A meal, a shop visit, or a booked experience can connect you with work a business is ready to share. Keep appointments, enjoy the offering, and appreciate the people making it possible. Personal accounts of the fire belong to the people who lived them. Let conversations follow their lead, and give private gatherings, homes, and recovery work the space they need. [80]

North along the coast

Kāʻanapali, Honokōwai, Kahana, Nāpili, and Kapalua each give a different setting to a coastal day. Choose one place that suits your group instead of treating every bay as a required stop. A shaded pause, a meal, and a look at the changing water may be plenty. Confirm the particular parking and public access for your destination before you set out.

Kapalua, at walking pace

On an open section of the Kapalua Coastal Trail, watch the sea and sky from the designated route. An ʻiwa may reveal long wings and a forked tail. ʻUaʻu kani, wedge-tailed shearwaters, use coastal nesting sites on Maui, and their burrows can be easy to miss. Stay on the path and honor nesting barriers while enjoying the dark rock, moving air, and distant birds. [81,82,83,84]

A LITTLE EXPLORATION · 13

A Bird, a Rock, a Line

1. Choose an open stretch of the Kapalua Coastal Trail, or turn to a coast illustration in Chapter 8.
2. Draw a rock shape and, if one appears, a bird. For a picture study, a bird illustration elsewhere in this book can supply an outline.
3. Add a word for how the air or water moves, and label a picture study as such. A sighting is a possibility, never a requirement.

Which line carries the feeling of this coast?

A LITTLE EXPLORATION · 14

A Thread of Royal History

1. Begin with this record: Kamehameha III and Kekāuluohi signed the Hawaiian Kingdom's first constitution in 1840.
2. Copy the names and year, adding "Hawai'i State Archives" as the source.
3. Leave one question beside the fact. If a later museum visit or reading helps answer it, add the new source and date.

What would you like to understand about the people behind the document?

Taste Maui

Follow your curiosity from kalo to a market fruit, from a familiar plate to a new flavor. Keep the names and memories beside the tastes.



poi

Food gives a journey a memory you can almost taste again. It might be a piece of banana bread shared in the car, the color of poi in a bowl, or a plate passed around until everyone has an opinion. Maui's meals carry Native Hawaiian traditions, the histories of many other communities, family habits, and new ideas from today's cooks. Learn its name, notice who made it, and save a few words about the moment. Years later, a note about who laughed at the table may bring the whole meal back.

Begin with kalo

Kalo connects this food chapter with the attributed account of Hāloa earlier in the book. Bishop Museum explains that poi is made by steaming the corm, then mashing it with water. Look at its color and texture, and follow your host's guidance at a shared table. One person's first taste and another person's familiar comfort can sit together on the same journal page. [12,13,69]

A preparation worth noticing



Notice the preparation

A menu offers small clues to a cook's work: steamed, wrapped, shaved, roasted, or grilled. Laulau, a bowl of poke, and a cup of shave ice give very different things to notice. Choose one preparation that interests you and describe what you actually see. If a menu or cook offers a story, keep their explanation beside your own impressions of the dish.

EVERY APPETITE BELONGS

Tasting is optional. A menu, illustration, or memory can start a food entry. Choose for your own preferences and dietary needs, and welcome different experiences.

Food has people in its story

Menus in the garden

Kīhei Food Oasis sits within South Maui Gardens, where several food businesses offer their own menus. A shared setting can make room for different appetites: one person chooses something familiar, another follows a new ingredient. Compare the actual dishes, portions, and prices, then choose what suits your group. A pleasant meal and one remembered detail are enough to bring back to the journal. [22]

Keep the cook in the story

An ingredient list can tell you what is in a dish; a cook's account may tell you why. Read what a business shares, and ask a brief question when conversation is welcome. Credit an explanation you want to keep. The name of a person, kitchen, or source makes a food story more useful to the next reader than a guess about its origins.

A LITTLE EXPLORATION · 15

Five Flavor Words

1. Try these prompts: sweet pineapple, salty limu, savory gravy, earthy cooked taro, and tart liliko'i.
2. Choose one example to describe or draw. You can work from these words, a menu, or a meal already planned.
3. If you taste something, add your own impression; recipes and people's experiences vary. Mark an imagined taste as imagined.

Which flavor word brings a memory of your own to mind?

A cook, a place, a dish, a detail...

The familiar, the seasonal



The familiar plate

A plate lunch often brings rice, macaroni salad, and a main dish together, with combinations that vary by kitchen. Elsewhere you might find loco moco, saimin, musubi, or a malasada. These names can become the beginning of a food memory. Let the particular meal have its own character: the crisp edge, the warm bowl, the generous portion you decided to share.

A fruit, a season, a surprise

At a market or shop, let the day's produce suggest a small discovery. Perhaps a liliko‘i catches your eye, or a familiar fruit looks different in the light. Read the grower or origin information when it is provided. A place of sale does not establish where something grew, but a label may introduce you to the farm behind your next snack. [89]

A taste to pass along

Save a little taste of the day

You can keep a food memory without recreating the whole recipe. Note the dish, the place, the people at the table, and one texture or flavor. Add a small drawing of the bowl or wrapper. Someone else may remember the same meal differently; invite their line beside yours. A page with two opinions is often more interesting than a perfect description.

A LITTLE EXPLORATION · 16

From a Menu to a Place

1. Compare these practice labels: “Salad with Maui-grown lettuce” and “Island-style salad.”
2. Circle the words that name a growing place. Which description gives you an origin, and which gives you a style?
3. Try the same noticing on a real menu if one is handy. Save the exact phrase and the kitchen’s name.

What else would you like to know about the food’s journey?

A meal I would love to share with the next reader…

Made & Grown Here

A bowl, a print, a handful of fruit: learn who made or grew what catches your eye, and carry a little of that story home.



A keepsake gathers meaning after the journey. A cup becomes the one you reach for in the morning. A print recalls a conversation. A postcard waits beside a note, while jewelry passes into another pair of hands. Begin with what draws your attention, then look for the people and work behind it. A maker's name can be as important as the object itself. Whether you buy, browse, or simply sketch a shape you love, keep that connection in the journal. It gives the next person more to inherit than a place name.

Start with a name

In a shop, gallery, or market, look for an artist, maker, or grower credit. A label may tell you the material and where the work was done; a published description may add a personal story. Save those details together. If a piece becomes a gift, tuck the maker's card or your own careful note beside it so the credit travels too.

Follow the maker's name



Made, designed, grown

For craft goods, Hawai‘i's "Made in Hawai‘i" law requires manufacture, assembly, fabrication, or production in the state and at least 51 percent of wholesale value added locally. Imported materials do not automatically disqualify a product. The Maui Chamber's seal is a separate program. "Grown," "roasted," "designed," and "made" describe different stages; read the whole label and keep its particular claim with the piece. [87,88]

Materials with a story

Look closely at a wood grain, a woven edge, or the marks left by a potter's hand. Ask about material and source when that information matters to your choice. Kukui is a Polynesian-introduced canoe plant with deep Hawaiian cultural significance; its long story here is different from a claim that it is botanically native. The maker's own description can help you learn what a particular object holds. [90,91]

A USEFUL KEEPSAKE DETAIL

For a special purchase, keep the maker's description and receipt with the gift. These small records help a future owner understand its material, workmanship, and story.

A market morning



papaya · mango · bananas · limes

The Upcountry Farmers Market is at Kulamalu Town Center in the Pukalani area; its postal address may say Makawao. Check the market's current schedule, then let season and availability shape the visit. Read a crop name, notice a color, or choose something your family will enjoy. A grower's sign can tell you more about origin than the appearance of the stall. [89]

A gift with room to grow

Give a keepsake a short companion note: who made it, where you found it, and why you thought of its next owner. Leave room for a later memory. If you are passing on this book, the same idea applies. A sentence in the margin, a date, and an invitation to add another voice can turn an everyday object into a family connection.

A LITTLE EXPLORATION · 17

The Maker's Small Signature

1. Choose one object in a shop you are visiting, at home, or in this chapter's illustrations.
2. Notice its material, shape, and one sign of how it was made. Read any maker credit or description.
3. Record what is stated, leaving unknown details open. A small sketch can stand in for a purchase.

What would you tell someone receiving this object as a gift?

A LITTLE EXPLORATION · 18

A Market Color Palette

1. Choose three colors from a market display or these examples: purple ʻuala, pale-green ʻulu, and yellow liliko'i.
2. Make three pencil swatches or invent a precise name for each shade; color need not be exact.
3. If you are at a market, add a crop or grower's name only where a label or offered explanation supplies it.

Which color would you keep for a page about this morning?

Leave a Little Care

Pack thoughtfully, give living things room, and choose one small act of care. The best travel habits can follow you home and into another journey.



Care often looks ordinary. A bottle refilled before leaving. A muddy shoe cleaned before the next trail. A picnic spot checked once more for the wrapper that slipped beneath the bag. These are small acts, easy to share and practice at home. Choose something that fits your day, then let it become familiar. If you have time for a community project, join the work its hosts are asking for. If your day is full, begin with your own belongings and the space around you. A useful habit is something worth carrying home.

A lighter day bag

A refillable bottle, a reusable bag, and a place for your own rubbish can make an outing simpler. Pack enough water and what your family actually needs. Before you leave a picnic spot or lookout, take one last glance beneath the bench and around your feet. The check takes a moment; the pleasant place is ready for the people who come next.

Carry the ocean habits forward



Keep the reef and wildlife guidance from The Living Ocean close to the day's plan. Choose enough room for hands and fins, follow the crew's briefing on a guided trip, and give animals space to continue their day. Shade and sun-protective clothing belong in the same thoughtful preparation as the sunscreen guidance earlier in the book. Familiar habits free attention for the view. [3,25,29]

WILDLIFE IN TROUBLE

If wildlife is entangled, keep your distance and call NOAA's Marine Wildlife Hotline, **888-256-9840**. Leave hooks, line, and nets for trained responders; report the location. [32]

Small steps on the land

Clean shoes, clear paths

Before and after a walk, inspect soles, laces, and cuffs for mud or seeds. Use a cleaning station where one is provided and follow the site's instructions. Keep to the designated route, including when a shortcut looks tempting. These habits are a practical way to care for the places you visit, and they work just as well on a trail near home. [56,93]

A LITTLE EXPLORATION · 19

A Small Clean Sweep

1. Choose a small, open area and bring gloves and a bag. An adult selects only litter that is safe to handle.
2. Leave sharp, medical, chemical, tangled, or uncertain objects in place; report larger problems to the site manager.
3. If collecting, dispose of litter properly and wash hands. You can instead sketch a useful cleanup kit.

What simple habit might keep one of these items from becoming litter?

A LITTLE EXPLORATION · 20

The Before-and-After Shoe Check

1. Before a walk, inspect shoe soles, laces, and cuffs for mud or seeds.
2. Use a cleaning station if provided and follow its instructions; clean gear before moving to another natural area.
3. Repeat after the walk. On a reading day, sketch the checks you would make before your next walk.

What tiny detail did you notice only when you looked closely?

Leave a little care



Time offered well

If a volunteer morning appeals to your family, begin with a current invitation. HandsOn Maui lists opportunities; other organizations focus on food access, land care, or cultural places. Confirm age suitability, accessibility, clothing, and registration with the host. Then join the task they have planned. The memory may be a new skill or a person you enjoyed working beside, while the work itself continues. [94,95,96,97,98]

Kindness at everyday scale

Leave time around appointments, keep access clear, and offer a sincere thank-you. If plans change, make room for a different day. People serving visitors also have families, work, and places to be, just as you do. Children may remember these ordinary exchanges as clearly as a famous view. A patient moment can become one of the travel habits the whole family shares.

One habit I hope the next reader will carry forward…

Keep the story going

Leave a memory, a sketch, a question, or a letter. These pages belong to everyone who adds something of themselves and passes the book onward.

The Ocean I Remember

Begin with a color, a sound, or the movement of water. Draw or write the scene as you remember it, adding the place and date. If it came from a picture or story, keep that source beside your own response.

A LITTLE EXPLORATION · 21

A Shape Against the Sky

1. From a comfortable place, notice a roof, tree, or ridge against the sky without looking directly at the sun.
2. Sketch its outline, or borrow a shape from this book and label where it came from.
3. Add the date, one sky color, and a sound or thought you want to keep.

What makes this little scene belong to this particular day?

NAME / INITIALS · DATE

Another View of the Water

Add your view beside the first reader's. Perhaps you shared the same day, or perhaps a very different coast comes to mind. Leave a line, a shape, or a question that helps the two memories speak to each other.



NAME / INITIALS · DATE

A Place at Our Table

Remember a meal through one small detail: a bowl, a smell, a conversation, or the person sitting beside you. Name the dish and where it came from when you know. A sketch can hold a memory words leave out.

A LITTLE EXPLORATION · 22

A Few Quiet Minutes

1. Choose a meal, a menu, or a food illustration in this book. Pause over one detail that catches your attention.
2. Record a color, a texture, and a sound or shared thought. Tasting is optional; a remembered meal works too.
3. Add the place or source and date. Leave room for someone else to remember the same table differently.

What did the pause help you remember about the people or the food?

NAME / INITIALS · DATE

Something We Might Share Again

Leave a food memory of your own, a menu note, or an idea for a meal together. Tell the next reader what you would like them to notice. There is room for a different taste, a later visit, another story.

NAME / INITIALS · DATE

A Story I Want to Keep

Save a word, a public story, or a historical detail that stayed with you. Keep its source nearby. For a personal story, share only what the person welcomed you to pass on, leaving room for the context that gives it meaning.

A LITTLE EXPLORATION · 23

Words to Remember

1. Choose three Hawaiian words explained in this book and copy them with their ʻokina and kahakō.
2. Beside each, keep its short explanation and the chapter or source where you found it.
3. Cover one side and see what you remember, looking back whenever you like. Leave a question about one word's use.

Which word would you like to keep learning about, and why?

NAME / INITIALS · DATE

A Question for Another Day

What would you like to understand better? Leave the question here with a place to begin: a book, a teacher, a museum, or a source named in these pages. A later reader may add an answer, another question, or a correction.



NAME / INITIALS · DATE

Five Small Moments

List or sketch up to five moments you would otherwise lose: a joke, a changing sky, a shared snack, an unexpected kindness. One is enough to begin. Add a date and your name, and leave the page room to gather more.

A LITTLE EXPLORATION · 24

A Letter Forward

1. Choose the person who might open this book next, or someone you wish had shared the journey.
2. Tell them one thing you noticed, one thing you wonder, and one moment you would like them to keep.
3. Leave an invitation for their own words or drawing, then sign and date your letter.

What would make this feel like a gift from you?

NAME / INITIALS · DATE

For the Next Pair of Hands

Write a letter to the person who will hold this book after you. Tell them what you hope they find, what you want them to remember, and where they might add their own story. Leave a little room for their reply.



NAME / INITIALS · DATE

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MAP SOURCES & METHOD

Coastline: USGS 1:24,000 data via Hawai‘i GIS. Roads: Maui County, April 2025. Place locators: GNIS, State GIS, County facility links, and Census geocoding of published venue addresses. Equirectangular projection at 20.8° N. Pins locate places, not entrances; editorial regions are not historic moku boundaries.

GNIS · State parks · Airport · Census · Ho‘okipa · Summit

Twelve small reasons to remember

Choose a mark whenever a page, outing, drawing, or conversation teaches you something. These are personal memories, with no purchase, signature, official endorsement, or completed checklist required.

- ◯ Ocean Guardian
  Date / initials / page
- ◯ Thoughtful Guest
  Date / initials / page
- ◯ Island Foodie
  Date / initials / page
- ◯ History Hunter
  Date / initials / page
- ◯ Nature Detective
  Date / initials / page
- ◯ Culture Learner
  Date / initials / page
- ◯ Mountain Explorer
  Date / initials / page
- ◯ Local Treasure Hunter
  Date / initials / page
- ◯ Wildlife Watcher
  Date / initials / page
- ◯ Wayfinder
  Date / initials / page
- ◯ Mālama Maui Champion
  Date / initials / page
- ◯ Maui Memory Maker
  Date / initials / page

One small moment of attention can be enough.

A gift with room to grow

This book begins with a gift.
The next chapter can be in your handwriting.



For

From · date

A few words to begin our story

A KEEPSAKE FOR EVERY AGE

A story worth passing on

This book carries the curiosity, care, and handwriting of

Name / names

A moment we want to remember

Given onward to

Date

A family keepsake · not an official credential



Some books hold stories.
This one can hold yours.

Follow Maui from the reef to the mountain, from a market morning to a quiet coastal path. Meet the island through its living culture, history, food, and ecology—then leave a few discoveries in your own hand.

Eight place maps · individual watercolor illustrations
24 small explorations · four shared memory spreads

Presented by

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Read it. Write in it. Give it another chapter.